



Sarah Rhea
Executive Director
Leadership Montgomery County

Sarah Rhea is the Executive Director of Leadership Montgomery County (LMC). She is a graduate of the Leadership Montgomery County Class of 2007 and served on the LMC Board of Directors prior to joining LMC as Executive Director in 2011.

Sarah is dedicated to serving the community. She currently serves on the Montgomery ISD Education Foundation Board of Directors as the Chair-Elect, after serving as the Vice Chair of Grants for 2 years. She also currently serves on the United Way's Women Who Rock committee, the Conroe Chamber's ATHENA Leadership Award committee, and the Oak Hills JH PTO Board. She and her husband also serve on the Administrative Board for The Woodlands Methodist Church,

She is a Past President of the Executive Women's Alliance Board of Directors and served as a mentor for their Women of Vision program at Conroe High School. Sarah is also a past board member of The Woodlands Area Chamber of Commerce Board of Directors, where she served two terms, with one as a vice president. She has also served as a member of the Montgomery County Community Foundation's Distribution Committee.

A longtime committed community volunteer, she was honored as The Woodlands Area Chamber's Volunteer of the Year in 2008. She was recognized as a Montgomery County Woman of Distinction in both 2016 and 2022. Under her leadership, Leadership Montgomery County was named a Hometown Hero in 2019.

Sarah earned her bachelor's degree in Communication Arts: Advertising & Public Relations and her master's degree in Mass Communication.

